

# Seasons for Growth Companion Training for the Adult Program



The *Seasons for Growth* Parent Program is an innovative education program that uses the imagery of the seasons to illustrate the experience of grief. It aims to strengthen the social and emotional wellbeing of adults who are dealing with significant life changes by:



- exploring the impact of change and loss on every-day life
- learning new ways to respond to these changes

A trained Companion facilitates the seminar or small group program, in which participants explore feelings, memories, loss and grief in a safe way.

**ATTEND THIS 2 DAY TRAINING**  
to become a qualified *Seasons for Growth* Program Companion

<b>DATE:</b>	19 & 20 February 2019
<b>TIME:</b>	9.00am to 3.30pm
<b>VENUE:</b>	Sisters of St Joseph Regional Administration Centre 4 High Street, Kensington SA 5068
<b>COST:</b>	\$610 per person (includes Companion manual, journal & seminar workbook)
<b>ENQUIRIES:</b>	Karen Muir 0428 620 264 <a href="mailto:karen.muir@goodgrief.org.au">karen.muir@goodgrief.org.au</a>
<b>REGISTER ONLINE AT:</b>	<a href="https://www.goodgrief.org.au/product/586">https://www.goodgrief.org.au/product/586</a>
	CODE (SKU): <b>PAS190201</b>

Train in  
*Seasons for Growth*  
at the **2018** rate

Beat <sup>the</sup> price rise!  
When you REGISTER AND PAY  
By 14<sup>th</sup> December, 2018

Offer applies to training events until 12<sup>th</sup> April, 2019

